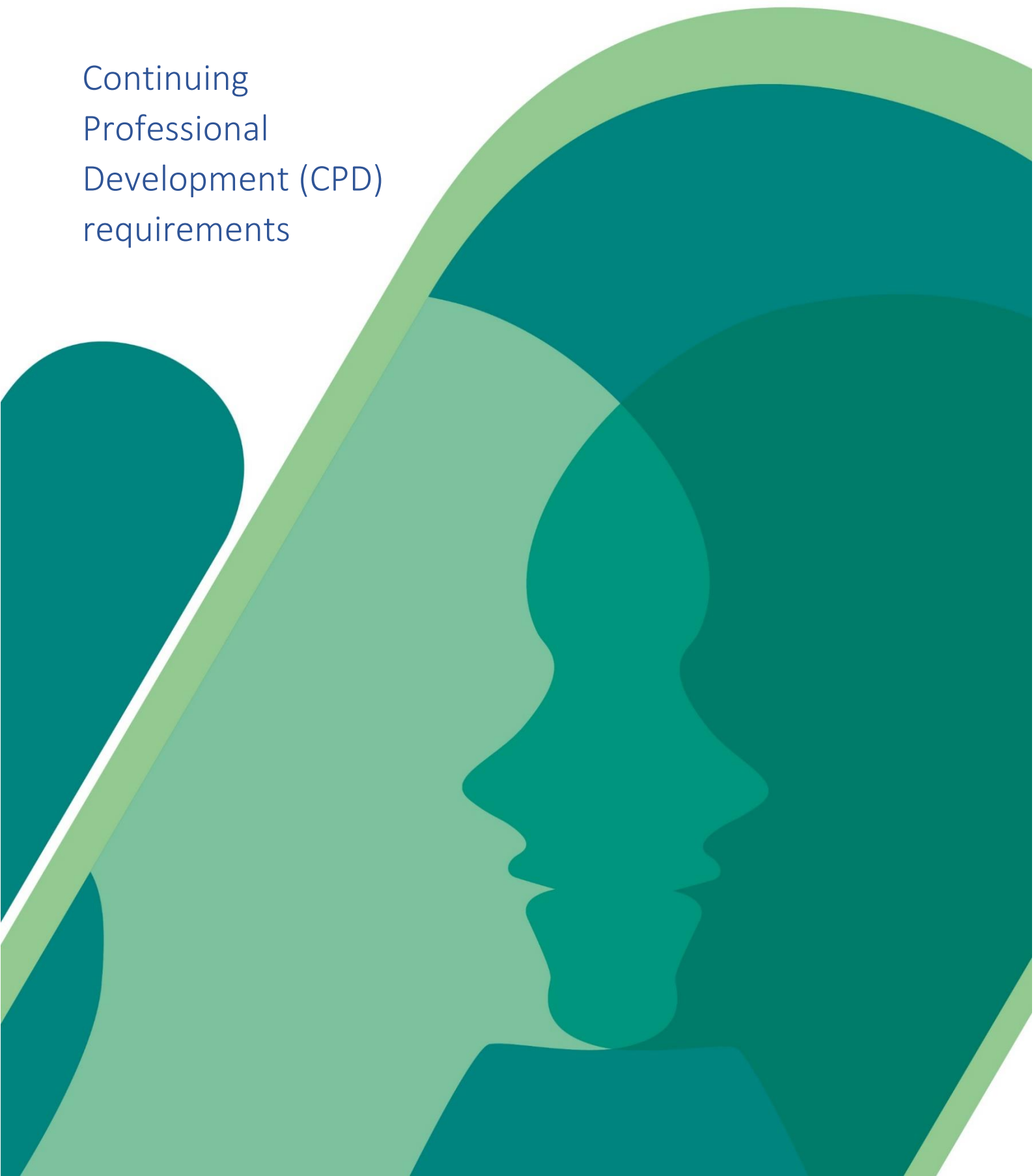




Continuing
Professional
Development (CPD)
requirements



Amount of CPD required

All COSRT Registered, Accredited and Senior Accredited Members must undertake at least 30 hours CPD per year.

At least 20 hours must be directly related to the provision of Psychosexual and Relationship Therapy.

Acceptable types of CPD

CPD can be online or in-person. Acceptable forms of CPD are:

- Completion of training courses and events (online and in-person);
- Completion of in-service/work-based training; and
- Conference attendance (online and in-person).

These should lead to certification of completion and the associated number of CPD hours where possible.

All Members are required to identify and attend to their own individual developmental needs to meet COSRT's criteria.

Informal discussions with colleagues that are a normal part of practice do not constitute CPD.

Recording CPD

As an entrant on the COSRT Register you must:

- Keep an up-to-date and accurate record of CPD activities;
- Record a range of CPD activities relevant to your practice
- Highlight how the CPD will have or has positively impacted on your practice; and
- Be ready to submit your CPD record for audit.

CPD logs are available for download from the Members' Area of the COSRT website.

Supervisors

All COSRT Registered or Accredited Supervisors must undertake six hours of CPD specifically related to supervision. This is in addition to any standard Membership category requirements.