

SENIOR ACCREDITED (CLINICAL) MEMBER - PSYCHOSEXUAL AND RELATIONSHIP THERAPIST

REQUIREMENTS AND INFORMATION

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This document details the requirements that a professional must meet to be a Senior Accredited (Clinical) Psychosexual and Relationship Therapist.

This allows entry to the Psychosexual and Relationship Therapist Register at an advanced practitioner level.

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OVERVIEW

COSRT's Senior Accredited Membership is our most senior status which recognises a therapist's advanced skills and experience. It is awarded through a process which includes rigorous assessment. Senior Accredited Membership provides a range of significant benefits:

- Permission to use AccCOSRT (Sen) designatory letters.
- The ability to use a personalised COSRT logo and advertise as "Senior Accredited Member of..."
- A certificate indicating your Membership and Registrant status.
- A place on the COSRT Register with Senior Accredited status visible.
- Access to accredited EMDR practitioner training.
- The chance to advertise on Counselling Directory.
- All issues of the Journal of Sexual and Relationship Therapy.
- Full digital access to two other Taylor and Francis journals.
- Discounts including COSRT training, insurance, and Routledge books.

ACCREDITATION

To become a Senior Accredited Psychosexual and Relationship Therapist you must be active as a Psychosexual and Relationship Therapist and be:

- A COSRT Accredited Member (either Register), and have held that status for at least five years (these do not have to be successive).

SPECIALIST PRACTICE

You must be currently active as a Psychosexual and Relationship Therapist and have:

- Been practicing as a Psychosexual and Relationship Therapist for at least six years post-qualification. These years do not have to be successive.

- Completed 300 hours supervised practice in Psychosexual and Relationship Therapy since you first achieved Accredited status at COSRT (on either Register).
- Adequate, current and ongoing professional indemnity insurance.
 - Please note that COSRT considers £2m to be the appropriate level. Any application with less than this must be accompanied by a justification which will be assessed. COSRT may refuse Registration if the justification is deemed insufficient to ensure public protection.

SUPERVISION

You must have:

- A current contract for supervision for at least 1.5 hours per month.

PROFESSIONAL DEVELOPMENT

You must also show that you have:

- Undertaken 30 hours CPD per year post-Accreditation.
 - Before June 2021 at least 16 of these must have been on Psychosexual and Relationship Therapy.
 - From June 2021 onwards at least 20 of these must have been on Psychosexual and Relationship Therapy.
- Completed at least 30 hours personal therapy activity in the six years prior to applying for Senior Accreditation.

ASSESSMENT

To become a Senior Accredited Member of COSRT you also must successfully pass an assessment of your specialist skills and knowledge. This is integrated into the application process and is subject to assessment against a set of common marking criteria.

ONGOING COMMITMENTS

To retain Senior Accredited status you must continue to:

- Have supervision for at least 1.5 hours per month.
- Undertake at least 30 hours CPD per year, with at least 20 on Psychosexual and Relationship Therapy issues.
- Hold Adequate, current and ongoing professional indemnity insurance (please see note above in Specialist Practice section).

DUAL REGISTRATION

COSRT holds two Registers. One is the Psychosexual and Relationship Therapist Register. The second is the Relationship Therapist Register. Depending on your circumstances it is possible to be on one or both Registers if you meet the requirements for each.

- If you hold a Psychosexual and Relationship Therapy qualification, that can be used to apply for the Relationship Therapist Register as the training is considered to cover all disciplines.
- If you are active in providing any Psychosexual services, you must apply to be on the Psychosexual and Relationship therapist Register.
- If you only hold a Relationship Therapist qualification, then you can only apply to be on the Relationship Therapist Register.
- If you are only on the Relationship Therapist Register, you cannot provide any Psychosexual services.
- You will receive a certificate for each Register. But you will retain only one Membership Number, logo and set of postnominals.

If you apply to be on both Registers, it is possible to be at two different levels. For example, a professional may have been a qualified and practicing Relationship Therapist for several years. And recently completed an additional eligible Psychosexual and Relationship Therapy qualification. In that instance, the professional could apply for and hold Accredited status on the Relationship Therapist Register, and Registered status on the Psychosexual and Relationship Therapist Register.

If you are on both Registers, you must carry out 30 hours CPD per year (rather than two sets of 30). Of this, 20 hours should be reasonably balanced between Relationship Therapy issues and wider Psychosexual and Relationship issues.

There is a single annual fee to be paid whether you are on one or two Registers. There is no additional top up fee for entry into a second Register. Fees for the Supervisor Registers are separate and additional.

APPLICATION PROCESS

Applications for Senior Accredited (Clinical) Membership should be sent via email to memberships@cosrt.org.uk.

Applications take between two and six months to be reviewed. During the assessment process you may be contacted for additional information at any time.

Confirmation of your application outcome will be sent to you electronically. If your application is accepted by COSRT, your subscription fee will be taken via Direct Debit or bank transfer. If the subscription fee is not received within three months, your application will lapse and you must reapply. Your membership will be valid immediately from the date on which payment is received by COSRT in cleared funds.

COSRT reserves the right to request an applicant to attend an interview with representatives of COSRT to discuss their application. The applicant would be expected to meet their own costs to attend the interview.

The provision of misleading information or an incomplete declaration may lead to refusal of entry to membership or withdrawal of membership at a future date. Membership of COSRT does not commence until the annual subscription has been received (subject to COSRT's confirmation to you of a successful outcome).

Senior Accredited Membership of the College for Sexual and Relationship Therapists is not a qualification and must not be represented as such.

Applicants may appeal a decision concerning their application in accordance with clause 3.9 of the Terms and Conditions of Membership and Accreditation and the Guidelines for Reapplication and Appeal.

In applying for and subsequently holding Senior Accredited Membership you agree to abide by and be subject to the Terms and Conditions of Membership and Accreditation, Terms and Conditions of Registers and all the criteria, procedures, protocols, policies, guidelines and other documents listed therein, including in particular (without limitation) the COSRT Code of Ethics and Practice, the COSRT Conduct Procedure and Sanctions Protocol and the other Governing Documents of COSRT.



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